Heterogenous Treatment Effects: Machine Learning Methods

Fan Li

Department of Statistical Science Duke University

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HTE with Machine Learning

- Two buzzy words in comparative effectiveness research: Heterogenous treatment effects (HTE) and machine learning (ML)
- A very hot trend in causal inference: use ML to infer HTE, particularly in "big data" and high-dimensional cases
- The central goal is the same as traditional regression methods: accurately learn the outcome function given the covariates and treatment variable
- ML methods are usually more flexible and adaptive, but with limitations and certainly no panacea

Popular ML methods for HTE

- Penalized regression (e.g. LASSO, elastic net)
- Regression-tree based methods (e.g. CART, random forests)

Regression Trees

- Partition of the covariate space into "leaves" (subgroups)
- Predict responses in each leaf using the sample mean in that region
- Go through variables and leaves and decide whether and where to split leaves
- Select tree complexity using cross-validation
- Modified for HTE by Athey and Imbens (2016, PNAS), extend to "causal forest" by Wager and Athey (2017, JASA)



Regression Trees: Pros and Cons

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Bayesian Nonparametric Methods

- Bayesian statistics: use the Bayesian theorem to combine the evidence from the previous knowledge (prior distribution) and the data
- Bayesian trees/forests: similar to regression trees but implemented under the Bayesian paradigm
- Gaussian Processes (Rasmussen and Williams, 2006): avery neat stochastic process that extend multivariateGaussian distributions to infinite dimensional
- Gaussian Processes give much flexibility in model building

Bayesian Nonparametric Methods: Pros and Cons

- Pros: Incorporate prior knowledge, automatic uncertainty quantification, works for small samples, ELEGANT
- Cons: computational scalability, sophisticated for lay audience, choice of prior distribution, software

Applications and Software

- Much recent advance in theory in both statistics and economics, but direct application to health studies still sparse
- More translational work is needed (e.g. Powers et al. 2018)
- Software development is key, as well as effective collaboration between statisticians and clinical researcher
- One must organically fuse traditional statistical tools and ML to reach better comparative effectiveness research (Pencina, 2018)

Further Readings

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