



PROMEDICA : A NEW MODEL OF HEALTH CARE

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Social Determinants of Health

ProMedica

Toledo, OH



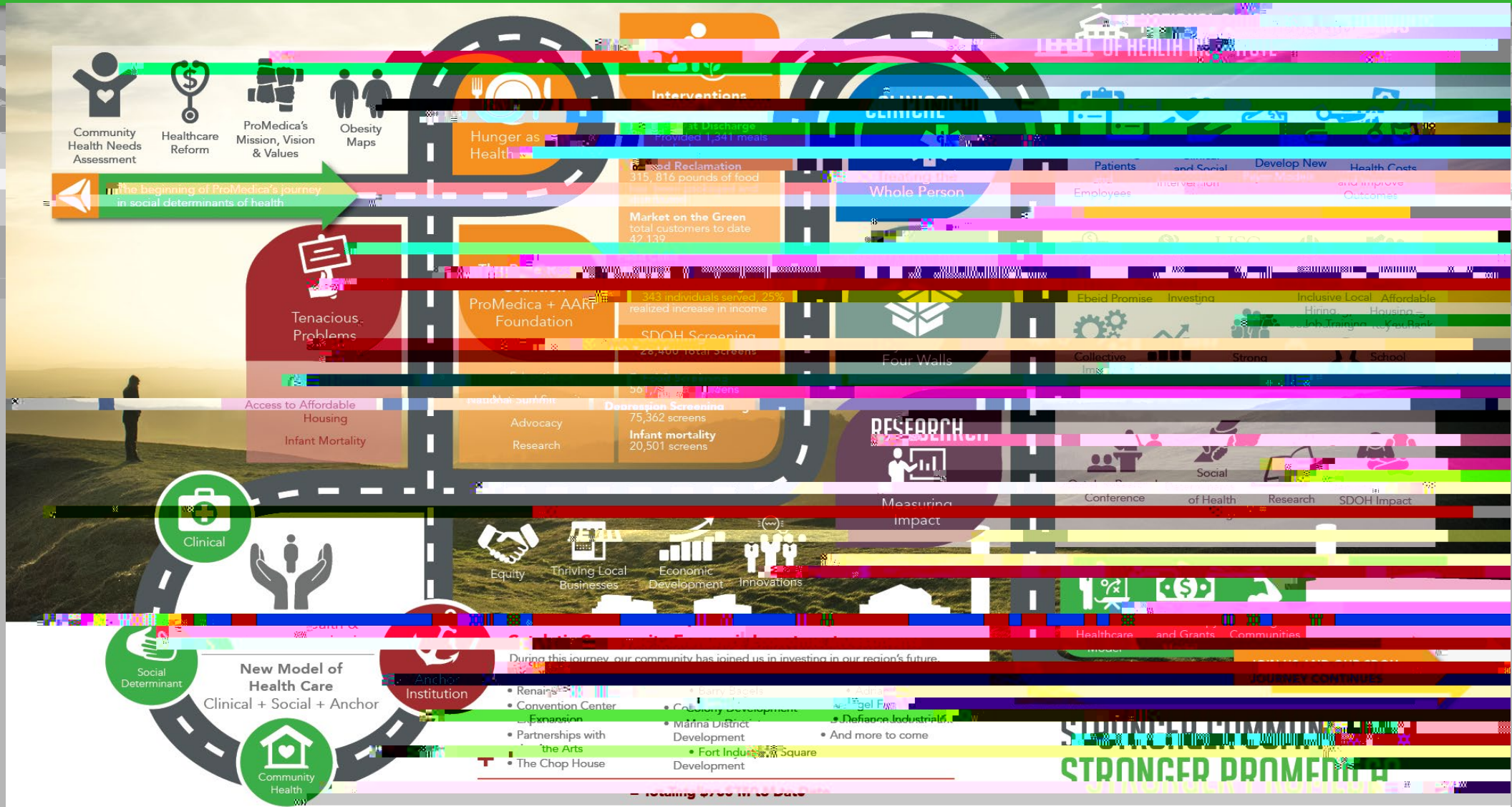
Food Insecurity

- Limited or uncertain availability of nutritionally adequate and safe foods or limited or uncertain ability to acquire acceptable foods in socially acceptable ways.” – USDA*
- Lack of access, at times, to enough food for an active, healthy life
- Food insecurity screenings
 - 284,942 in 2018

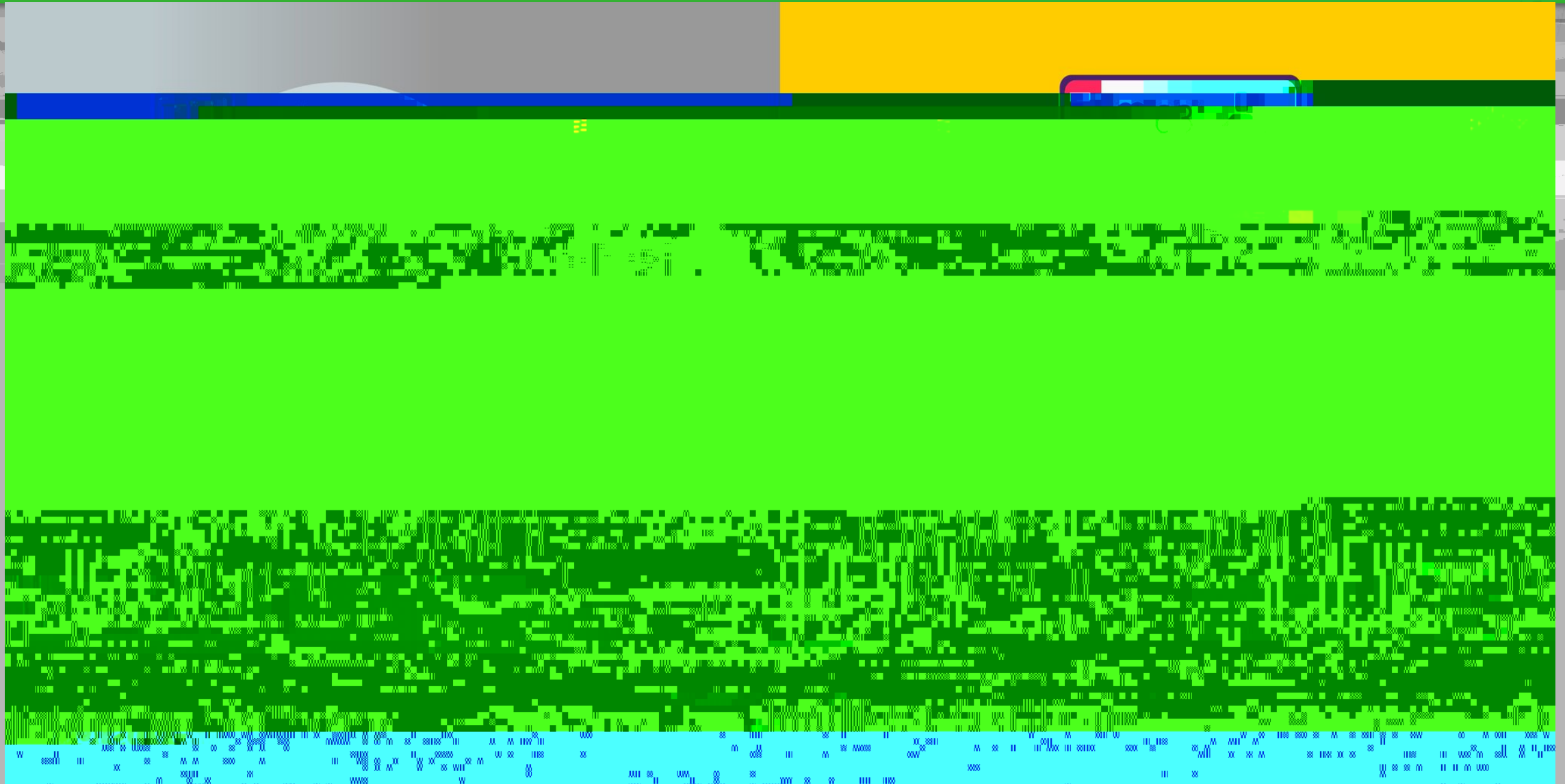


Food insecurity is not only having enough money for NUT reB5(0.6 4o9 TD €3.08 427.86 586.00

Our SDOH Journey



Health Care Approaches



Are We Asking the Right Questions?

We do ...

Ask about and encourage exercise

Ask about and encourage people to lose weight

Check vital signs

Check a child's growth

Physical examinations

Provide education to patients

Criticize patients who fail to show up for appointments

But we don't ...

Ask about safety in neighborhoods

Ask about their diet and ability to secure healthy food

Screen for mental health

Look for signs of toxic stress

Ask about their insurance information

Ask if they can read

Ask if they have transportation

What Drives Health?



40%

Factors

50% can be traced back to your

Physical

Environment

10%

50%

30%

Health Behaviors

Only **20%** of health and well-being is related to access to care and quality of services!

ADDRESSING SDOH IN ACUTE CARE SETTINGS

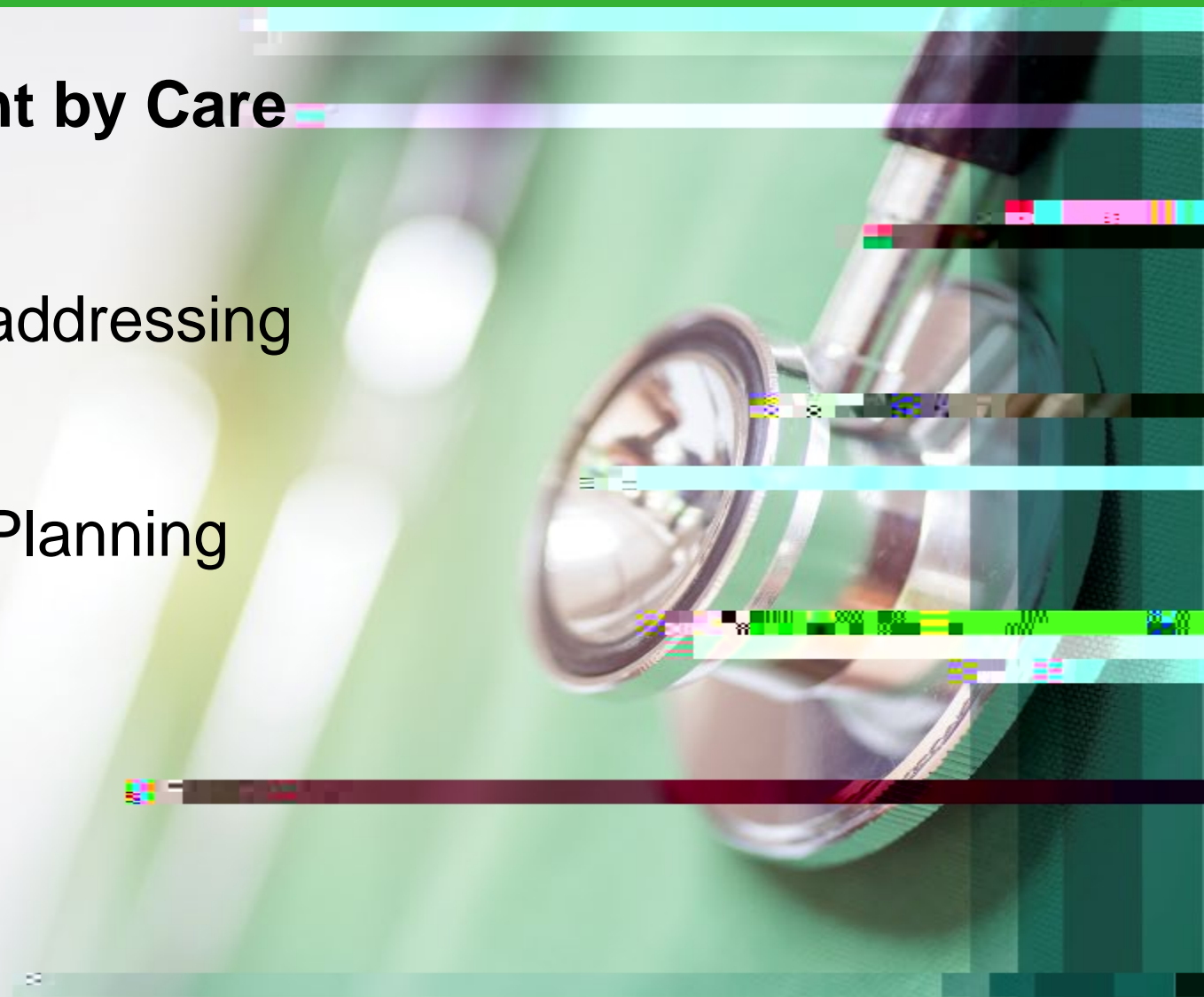
Comprehensive Risk Assessment by Care Navigators

Looking beyond clinical care by addressing SDOH

Executing the Transitional Care Planning Approach Assessment of Risk

Predictive analytics

Risk mitigation



SDOH Interventions



- Food as Medicine
 - Food at discharge
 - Food Clinics
- Depression Screenings
- Financial Opportunity Center
- Pathway HUB
 - Community health workers
 - Housing prescriptions
- Linkage to community and social resources

SDOH Outcomes – Food Insecurity

- **971,000** (194% of target) food screenings
- **7,248** Community Hub cases closed
 - 4,394 patients received SDOH intervention of some kind
- **31,302** people served by Food Clinic
- **947** meals provided at acute care discharge
- **809** employees received food
- **376,151**

OF 4,000 ADVANTAGE MEDICAID PATIENTS SCREENED AND REFERRED TO FOOD CLINIC:

- Reduced ED usage (3%)
- Reduced readmission rates (53%)
- Increased primary care visit rates (4%)
- Reduced PMPM (15%)

Implications for Nursing Practice

- Transitional Care Management
- Competencies in the “Art of Nursing Realm”
- Promoting patient activation and engagement
- Top-of-licensure nursing practice/Supporting nursing students and staff
- Shifting from transactional to transformational leadership
- Embedding SDOH into nursing curriculum
- Cultural competency training and experiential learning in community settings

ProMedica's All-in Approach

The Challenge

Overall Health and Well-being is Declining

- The U.S. spends more per person on health care than any nation with comparable incomes.
- More people die of preventable diseases in the U.S. than in any other developed nation.
- The U.S. has a significantly lower life expectancy than any other countries that spend less on health care.

The Strategy